

19 days off the bike? Rain wasn't going to stop me.

Hard to believe my last ride was the Tuesday before Thanksgiving. Wow. I both looked forward and feared getting onto the bike today, but it really went better than expected. That doesn't mean faster than expected, not..at..all. It means that I could just keep pedaling without feeling like I couldn't go any further or wanted to turn back sooner. No soreness, no stiffness, just a bike and roads and not too many other cyclists out there because it was a pretty brief window without rain.

I just did the foothills down to our former store location in Los Altos, then mostly Foothill all the way back. Didn't loop into the hills because the dark clouds were moving towards me, with rain starting about 7 miles from home. Not bad; I was able to ride at a decent enough level that I wasn't getting cold. Everything worked.

We'll see what happens Tuesday on Kings!!!