

## Today things change for the better!

Today Kevin (my son Kevin, not the Pilot) is on his feet, working at the shop, on relatively-mild meds for his pain. This is a big step forward towards breaking the cycle that he's been on for almost three weeks, where his still-undefined abdominal pain has been running his life and doing a number on him. This is an experiment (hopefully a successful experiment) to show that, while he can't get rid of the pain, the pain cannot get rid of him. We're hoping for a busy day that keeps him occupied and "normal." So far, so good. :-)