

## This is June? Maybe it's practice for the more-humid weather we'll see in France?

Typical late Sunday ride; didn't get out until close to 12:30 for the reverse Pescadero loop, with West Alpine tacked on as a kicker. Up Old LaHonda, out to the coast via San Gregorio, Stage Road south to Pescadero, mandatory stop for lunch at Pescadero Bakery (see picture), up over Haskins then West Alpine, Skyline north to Sky Londa then descend home.

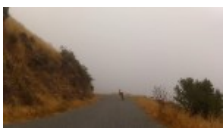


The climb up Old LaHonda was memorable only because I stupidly stopped the computer instead of reset the lap timer at the start of the climb, and by the time I figured out what was going on, I'd "lost" 1.5 valuable Strava miles! Looking at the video it was 22:15, nothing to write home about anyway.

But about that weather. Wasn't it supposed to be ok today, and wet tomorrow? We started feeling a few random drops at the start of the ride, and once at the top of Skyline, it was decidedly icky for a while. A bit nicer at the coast, but this is June and it just seemed a bit wrong to be wearing leg warmers!

At least one nice thing today; once we got the first climb over with, I was feeling stronger than Kevin, including the not-so-fun steeper side of Haskins and most of West Alpine. I was able to actually develop some power on demand, something I've not been able to do for some time. It allowed me to do intervals on both climbs, getting a bit ahead of Kevin during the "on" parts and drifting back when each was over.

I'm feeling better! On track for France.



Looks like the edge of the world on West Old LaHonda today!



Stage Road, in-between the two climbs



Goat crossing! A herd of goats had decided to make a run for it on Haskins Grade, stopping traffic



Kevin cresting West Alpine



Kevin had a seizure on Skyline;a cyclist lying flat on the ground draws no attention from passers-by (you can see the top of Kevin's helmet at the bottom of the photo)