

## Rode with a World Champion today

Our most-decorated semi-regular Tuesday/Thursday-morning rider came out today, fresh from taking the Women's World CycloCross Championship (50-54 age group) in Louisville Kentucky... that would be the always-classy Karen Brems. I wish I had been feeling good enough to spend time with her and hear the stories, but I'm still getting over this nasty cold bug so nearly all of the ride was, for me, in survival mode. Even though Karen was taking it pretty easy... everyone, in fact, was taking it pretty easy.

Everyone? Actually, I don't know that to be the case. The start of the climb up Kings was easy, until I got dropped, and since Marcus showed up, and Kevin (pilot), and Chris, and George... the regular testosterone brigade... who knows what went on up there. But I do know that Todd, Karen and Eric were taking it relatively-easy. Thankfully it was a no-drop pace of Skyline, else I wouldn't have got the video of my snot-rocket blessing. I didn't know for sure that it came my way, yet I had the presence of mind to wipe the camera lens right afterward.