

## "Tuesday Old Dude Ride" report

Mike Jacobowsky rode with Keith Hillier



	<b>01/29/2013 Not so bad riding with a cold</b> Mike Jacobowsky 30.6mi 3,494ft	👍 1	💬 0	🏆 0
	<b>Tuesday Old Dude Ride</b> Keith Hillier 59.8mi 4,795ft	👍 3	💬 4	🏆 0

"Tuesday Old Dude Ride?" If Keith wasn't so fast (and some of us weren't so old?)...



Not exactly what I expected to see when I uploaded this morning's ride! Keith showed up; he's been elsewhere for some time, but today decided to show us what someone "young" and in-shape could do. For example, on the climb up Kings, he would race off the front, turn around, ride back down the hill to the furthest-back rider, and then race back up past the front. Again. And again. And again. You can see that in his Kings Mtn profile; Kings is a steady climb without any dips on the way up, so each time you see a drop in elevation is a time that Keith turned around and headed back down the hill a ways.



The "Old Dudes Ride" gets ready to roll

OK, about that "Old Dude" remark. Keith's what, mid-20s? Late-20s maybe? Todd was with us today, and he's about that age. The rest of us? Um, well, I think Eric's in his later-40s, Kevin (the pilot) is 57, George is a young mid-50s, John is 60, and I'm not even 57 yet! So like what's Keith's point? That he's riding with guys twice his age or something like that?

OK, I'll pretend I'm over it now. I already gave the roll call for the ride; only noteworthy person missing was the other Kevin, my son, who was getting his tonsils removed today. What a wimp. They said he could have anything to drink in the 6 or 8 hours prior to surgery... who can't do a 31 mile ride without water?

Fortunately I felt better than expected once on the bike; wasn't sure how things were going to go since I was up pretty late last night when I stupidly tried to update my iPhone to IOS 6.2, which "bricked" it. And I've got a cold that's beginning to wear me down a bit, but y'know, as has almost always been the case in the past, a cold doesn't slow me down much on a bike. And if it doesn't slow me down, and it doesn't kill me, then obviously it's making me stronger!

One noteworthy thing on the ride; since the roads were drying out, I thought it would be fun to try and head down 84 into Woodside pretty fast, and see if I could get close to my best time on Strava for that run. Um... no. Maybe it was fast, but Strava won't tell me anymore, because someone flagged that segment as "dangerous." As in, something that some nitwit might want to push too hard to "own" that segment, cut a corner and run into a car, and then his family sues Strava, claiming it wouldn't have happened if Strava hadn't made it something to try for. Darn! --Mike--