

## Lost on OLH, tied on Haskins, beat him on Tunitas

Yet another "coastal classic" outing; Old LaHonda, Haskins to Pescadero, Stage Road and back via Tunitas. Normally not too challenging, but since I was dealing with a nasty cold, and Kevin hasn't felt great the day before, I wasn't sure how it would go. In a nutshell, for me, it reaffirmed my belief that cycling cures everything. I held up ok on OLH (only a couple minutes behind Kevin), and had no issues keeping up on Haskins. It helped that it was a spectacular day, and I felt like I could actually breathe. It was on Stage Road where I began thinking of taking advantage of a rare day without headwinds and daring to consider a Strava run. I did get a personal best for the first climb on Stage, but I was looking for Stage from Pescadero to San Gregorio (and really thought I had it... but apparently not).

It was on Tunitas that I found myself dropping Kevin, a highly unusual situation on a climb. Even stopped about 2/3rds of the way up, on one of those hairpins where you can see way down the hill, to make sure he was ok. Killed my time, but probably would get in trouble from the wife if I came home alone. She's funny that way.

All in all a pretty good ride, and I definitely felt fewer aches and pains from my cold after.