

Our journey to Foix begins!



6:23 am and we're already on a train? But that's what you need to do to catch the Tour de France when it's some miles away. I've been part of tour groups heading off an hour earlier than this, for a four hour trip on a bus. Four hours that would become five and a half in traffic. Much nicer on a train.

From Foix we ride up the course to the steepest climb, wait for the 'tour and then ride 35 miles down the other side to a different train station for our return. We'll see how the timing works out!