

## I'm just a couple days ahead of the rest of you-



A scene from the High & The Mighty? Once more Steve and I leave the shop in capable hands and travel to the land of ice & snow (which, apparently, is about to happen to the SF Bay Area upon our return!). Nothing beats sitting in a cramped commuter airplane for an hour waiting for it to be de-loused, er, I mean, de-iced.

This trip we're going to be learning advanced bicycle fit, the sort of thing where we analyze flexibility of joints and various other observations that go well beyond just doing measurements (which just puts you in the ballpark; we've always used the measurements as a starting point and then observe someone actually riding). Should be an interesting day ahead of us, assuming we get enough sleep to be alert enough to absorb all the information that's going to be thrown at us!