

## Life at Bike Speed



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The picture tells it all. Beautiful mid-winter day in Northern California. Fog shutting down SFO & SJC airports, but that's on the other side of the hill, and a lot further down! You can't shut us down. Not on Tuesday & Thursday mornings. This is Life at Bike Speed. Everything at just the right pace; you smell breakfast cooking on stoves, notice the way fog looks like a bed made of cotton that somebody's pulled up in places, the view of the coast that stretches all the way to Hawaii. You don't get this hiking, you don't get it driving. And you certainly don't get it sitting at home watching TV. Life at Bike Speed is good. Very, very good.Â

Mandatory roll call: Kevin, Karen, Eric, Ludo & George. Kevin unexpectedly hung onto my wheel at the Sky Londa sprint, coming a whole lot closer than should have been the case. Got to watch for that next time!