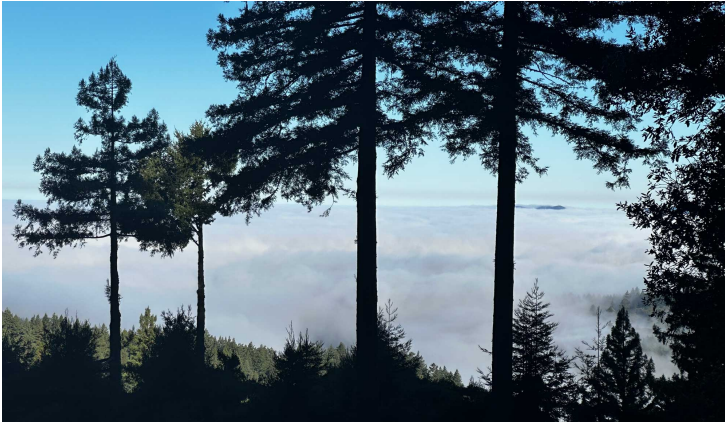


Didn't think 50% would come so soon



First ride up to Skyline since... a week ago Tuesday? Solo again too. And slow. Really slow. Some of it I'll blame on a lung thing I picked up about a week ago, very bronchitis-like, the sort of thing I used to get most summers and would last way too long, maybe six weeks. I hope not this time! No fever, no congestion, just can't get my breath. Thought last night, maybe not head out in the morning? Maybe use a trainer? Nah. Did a sucky solo flat loop last Thursday that I thought was going to be 29-something miles and miscalculated... just 25. Sunday rode with Kevin and stayed out of the hills, again. So this morning, I really, really, really had to make it up to Skyline.

And yes it was slow. My fastest recorded time, back in the day, was 21:15 up Kings. It's possible there might have been a couple faster times, but we didn't have bike computers back then, just stopwatches mounted to our handlebar. At 41:56, I'm getting perilously-close to doubling that 21:15 time, although to be fair, today was up through the park, which adds about a minute to the climb. Whatever, it's not going to be too much longer before my fastest times in the past are literally 50% of what I'm able to do now.

Hopefully Kevin's knee will be happy on Sunday and we can head into the hills again!