

## Long time no entry. But still riding!

So now I've let the fun stuff, the baggage of life, get in the way of keeping up with my posts. Not a good thing. I've done a pretty significant rearrangement of my evening hours and no longer spend 11pm-12:30am typing away at a computer. I'm trying to get in sync with my wife's evening ritual, which is requiring some changes for both of us, the main one being getting to bed quite a bit earlier than before, and spending more time with her talking about the day, what's going on in our lives, and trying to reassure one another that everything is going to be OK, that we aren't living separate almost-parallel lives, and that 40 years of marriage is about more than endurance and survival.

There are times when that can be a tough job. But it's tough mostly because we let some things slip away from us in the past, getting caught up in the business and life instead of the truly looking after each other. It turns out there's not enough hours in the day to do it all. More soon.