

Missing this would be really tough



I broke one of the most-important rules regarding the Tuesday/Thursday-morning ride today. The one about leaving promptly at 7:45:00am, no matter what. Kevin was running a bit behind this morning, not sure why, but it takes me about 11 minutes to make it from home to the start of the ride, it was 7:33, time to get going. Got to the start, explained the situation to Mark P, George, Jr, Tom C (haven't seen him in a long time!) and Marcus. 4 minutes late Kevin finally shows up, acting like he's surprised we waited for him, he was just going to race up the hill after us.

Once we got going Kevin and Marcus flew up the hill while the rest of us rode a bit more, er, casually. Not that I felt like I could have ridden up much faster. I did consider telling Mark P & George they could kick it up just a tiny bit, when I realized I was in danger of slipping below 30 minutes for the climb up Kings, but thought better of it.

This wasn't a strong day for me, and George suggested that maybe, between my breathing and the platelet meds, I might be thinking soon about riding in the foothills instead of heading up Kings twice a week. Seriously? I'll be slowing down a bit more, maybe, but I'll fight it out, because missing out on Skyline, on the views from West Old LaHonda, and descending 84... that would be really tough.