

Fun solo ride, the usual Pescadero/Tunitas loop



Still summer eh? Today's ride was mostly sunny, except for the parts near the coast.

A solo ride today; Kevin was at Lake Tahoe with his girlfriend, giving me a chance to stretch my legs on my own. Given that it was pretty dreary-looking earlier in the morning (I'd gotten up to watch the end of the day's Vuelta de Espana stage), I put off leaving until about 10:30 or so, hoping it would get nicer. It did!

Nothing really fast, just a bit over 23 up Old LaHonda, but I took Haskins a bit more seriously and pushed to see what I could do there. At 9:44, not too bad, but 3 seconds slower than my best effort this year. Curiously, my power showed at 280 watts for the prior attempt, and 290 for this one. Could I have really weighed that much less then? Or does it reflect a bunch of stuff I've added to my bike? At least one thing is beyond question; I'm climbing at just over 1000 meters/hour. Just. It's not going to be much fun when I realize that ship has finally sailed. Part of that getting older sucks thing.

While I'm on that (getting older), wouldn't it be appropriate, once you get to, say, 50 or so, for Strava to show you PRs based on your past two years, rather than lifetime?



Stage Road's new pavement

OK, let's talk about something readers might actually find useful. The rumored attempt to make Stage Road smoother. So far, the work they've done actually has made it quite a bit smoother. The new pavement starts just past the "house on the corner" where Stage Road makes the 90 degree turn left as you're heading from Pescadero to San Gregorio. It continues up the first hill and down the other side, ending just as you hit the bottom. Not that big a deal if it doesn't go further; it's been that first hill that's been a really rough ride.

Also noteworthy are signs on Tunitas Creek announcing significant roadwork September 29th & 30th. Probably a chip-seal treatment, so it makes sense to stay off it that weekend.



Trek R200 recumbent for sale outside the Bike HutSpeaking of Tunitas, I was a bit torn as to whether I should be trying for a good time or taking it easy. The decision was made for me as I passed the Bike Hut and noticed something familiar outside... the owner of the farm the Bike Hut's on had put an R200, a rare recumbent Trek produced some time ago, out front with a "for sale" sign on it. Had to circle back and take a photo. Should have checked to see if it was one we sold!