

Nice & easy ride with (pilot) Kevin



Last night I set up a ride with (pilot) Kevin, since younger Kevin was out of town today. After Thursday's crawl up Kings, I wanted something pretty easy; fortunately, (pilot) Kevin had been softened up by a gnarly ride with JeffZ Saturday, so gnarly a ride that they set new Strava KOMs (all-time records) for one of the sections. This is good. Nice, social pace assured.

And then this morning I get a text from the infamous JeffZ, asking what "we" were up to. The "we" he was interested in was younger Kevin; he was looking for something to challenge him on the climbs, and that definitely wasn't in the cards today. Checking out JeffZ's ride on Strava, his "recovery" ride is well above my flat-out pace. Yikes.

No matter, we had a really nice ride up Old LaHonda and then straight out to the coast. Kevin wasn't up to the longer loop via Pescadero, so no food stop (no cookies!), just a right turn up Stage Road off 84, then up Tunitas. Thankfully I was seeing 20-30 watts more today than Thursday, or even last Sunday. Beautiful day; lowest temp I saw was 47, highs in the low-60s. Had we ridden later, we would have seen low-70s. I can stand more weather like this!