

Really late ride report



Any day you can see your shadow is a good day to ride, but some days are better than others. This was supposed to be a really nice day to ride. It started out that way; a bit cool but not really cold, and gradually getting over whatever that nasty cold bug was that hit me a week ago. Just three of us Thursday morning; myself, Kevin & Eric.

Unfortunately, Kevin had one of his cleats fail on him just as we started up the hill through the park. He was able to ride at moderate speed up hill, but not easily, since his foot really didn't want to stay in place on the pedal. He was able to ride across Skyline to Sky Londa, but we had to cut it short there, riding directly back down into Woodside while Eric rode the full loop.

Hopefully Sunday I'll get my first "full" ride in since getting back from Africa.