

Kevin got back up to speed



So who are all those people at the top of Kings? No way I'm going to keep track of them. We started out with just myself, both Kevins, Karl, Eric...was that it? And by the time we got to the top we'd added quite a few more; they'd gone up a few minutes ahead of us, thinking they needed to do that or they might fall behind. Um, not today.

We were delayed very slightly by Kevin having a short seizure right after the timing point for the start of the King's climb, but recovery was fast, and about 2/3rds of the way up, according to Kevin (not the pilot), he and the other Kevin decided it was time to kick up the pace, and away they went. Eventually they shed Karl, but I was gone much before that, pretty much as soon as they kicked up the power.

I'm trying out the new Garmin VirbXE camera/GPS unit on my bike, which, if I edited it correctly, shows the section on Kings where I got shelled. To be truthful, the first minute or two shows me hanging with them, pretending I can ride with the fast guys.

The rest of the ride was the usual manageable run across Skyline and gorgeous (as always) West Old LaHonda section. The usual. And, as usual, I felt a lot better at the end of the ride than the beginning. Could be worse!

YouTube Video: [YouTube.com/watch?v=SmoeNWJgWQE](https://www.youtube.com/watch?v=SmoeNWJgWQE)