

The return of Nigel



Nigel on the left, returning from the UK to torture the rest of us. Does that make him an international terrorist?

Big group of us out there today, Kevin counted 10, we'll see how well I can do here... Kevin, Kevin, Eric, George, JR, Todd (not Doctor T), Mark, Nigel, and up on Skyline we picked up Millo. Plus me makes 10. Don't ask me what went on at the front on the way up Kings; I wasn't there.

It was nice, it was dry, we brought leg warmers but didn't need them. I felt ok, Kevin felt better. Two more of these rides before France (next Thursday and then Tuesday), one more Sunday ride, but on our Bike Fridays, not our Trek Madones. Not much time left!